



## RN PROFICIENCY RECORD

### PART I.

### GENERAL EXPERIENCE

The following lists are a self-assessment of skills common to nursing practice. Assessment of skills assists your recruiter and the facility to match the position with the nurse. These are basic skills and the position may involve additional duties. **All RN's must complete Part I.**

**Additionally, please complete Part II of your appropriate skills checklist and Part III, Age Specific:**

- |                                                            |                                             |
|------------------------------------------------------------|---------------------------------------------|
| <input type="checkbox"/> Emergency Department              | <input type="checkbox"/> Telemetry          |
| <input type="checkbox"/> Critical Care                     | <input type="checkbox"/> Obstetrical Nurses |
| <input type="checkbox"/> Nursery-Neonatal/Pediatric Nurses | <input type="checkbox"/> Psychiatric Nurses |
| <input type="checkbox"/> Perioperative (OR) Nurses         | <input type="checkbox"/> Cardiac Addendum   |

**NAME:**

**DATE:**



## PART I GENERAL EXPERIENCE

**Score yourself in the following manner by placing an X or checkmark:**

**0 - No Knowledge    1 – Limited Knowledge    2 – Able to Perform Proficiently**

	0	1	2		0	1	2
<b>Medication Administration</b>				Discontinue PICC			
PO				Maintain Hickman and other IV Ports			
Sub Q				Assist with CVP Insertion			
Rectal				Maintain CVP			
Topical				Change CVP dressing			
IV Push				Obtain CVP reading			
IV Drip				Discontinue CVP			
IV Mixture				Venous Puncture			
Hyperalimantation				Arterial Puncture			
Lipids				Blood and Blood Products			
Chemotherapy				<b>Isolation</b>			
Drops (i.e. eye, nose, ear)				Standard Precautions			
<b>IV Therapy</b>				<b>Cardiovascular</b>			
Start peripheral IV				Acute MI, CHF, Angina			
Regulate IV				Abdominal Aortic Aneurysm			
Mix IV's using additives				Cardiac Monitoring			
<b>Use IV Infusion Pumps</b>				Recognizing Arrhythmia's			
IVAC				12 Lead EKG – interpretation			
IMED				Pre-op angioplasty			
PCA				Post-op angioplasty			
Syringe				Cardioversion			
Discontinue peripheral IV				Defibrillation			
Start PICC				CPR			
Maintain PICC				Amiodarone			

**PART I.**  
**GENERAL EXPERIENCE CONTINUED:**

	0	1	2		0	1	2
<b>Preparation/Calculation of drugs in an emergency situation:</b>				Eating Disorders			
Lidocaine				Diabetic glucose monitoring devices			
Bretylium				Crohn's Disease			
Nipride				<b>GU</b>			
Dopamine				Insertion Foley Catheter			
Dobutrex				Foley Care			
Isuprel				Care of Suprapubic Catheter			
Digitalis				Renal Failure			
Sodium Bicarbonate				Peritoneal Dialysis			
Atropine				Hemodialysis			
Epinephrine				GU Irrigation			
TENS Unit				Pre-op nephrectomy			
<b>Respiratory</b>				Post-op nephrectomy			
COPD (Acute & Chronic)				<b>Orthopedic</b>			
Asthma				Preparing for casting			
Emphysema				Post cast care			
Cancer of the lung				CMS			
Pneumonia				<b>Traction</b>			
Assess lung sounds				Halo			
Obtain Blood Gases				Cervical			
Interpret Blood Gases				Bucks			
Chest Physiotherapy (CPT)				Skeletal			
<b>Suctioning</b>				Crutchfield Tongs			
Oralpharyngeal				<b>Neurological</b>			
Nasotracheal				Neuro assessment			
Endotracheal				Pupil size and response			
<b>GI</b>				Monitoring neuro vital signs			
GI Bleed				Use of Glasgow Coma Scale			
Abdominal Wounds				Acute TIA/CVA			
Gastric Lavage				Acute spinal cord injury			
Maintain N/G Tubes				Seizure precautions			
Feeding Tubes				Cervical Neck Collar			
G-Tubes				Moving a patient with cervical/spinal cord injuries			
TPN				Assisting with lumbar puncture			

**PART I.**  
**GENERAL EXPERIENCE CONTINUED:**

	0	1	2		0	1	2
<b>Routine Post-op Care of Surgical Pts</b>				Total joint replacement			
Thoracic				Hip pinning			
Carotid Endarterectomy				Fracture repair			
Gastrointestinal				Amputation			
Abdominal				Nephrectomy			
Esophagoscopy				Ureterolithotomy			
Esophageal Resection				<b>Shock</b>			
Gastrosocopy				Anaphylactic			
Vagotomy and Pyloroplasty				Cardiogenic			
Pancreatectomy				Septic			
Bowel Resection				Hypovolemic			
Appendectomy							
Hemorrhoidectomy				<b>Miscellaneous</b>			
Colonoscopy				CPR			
Sigmoidoscopy				Drawing venous blood for lab			
Renal				Ostomy Care			
Cystoscopy				Hemovac			
Cystectomy				Obtaining cultures (blood, urine, sputum)			
Prostatectomy				Patient with overdose			
Vascular				Patient with DT's			
ENT				Diabetic insulin pump			
Plastics				Doppler			
GYN				Prevention and treatment of skin breakdowns			
Mastectomy							
Hysterectomy							
D&C							
Diagnostic Laparoscopy							
Spinal							
Pulmonary							
Tracheotomy							
Bronchoscopy							
Arthroscopy							
Arthrotomy							

Name: \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_